

# ASPARAGUS



RUSSIAN

**Sparzha (спаржа)**

SPANISH

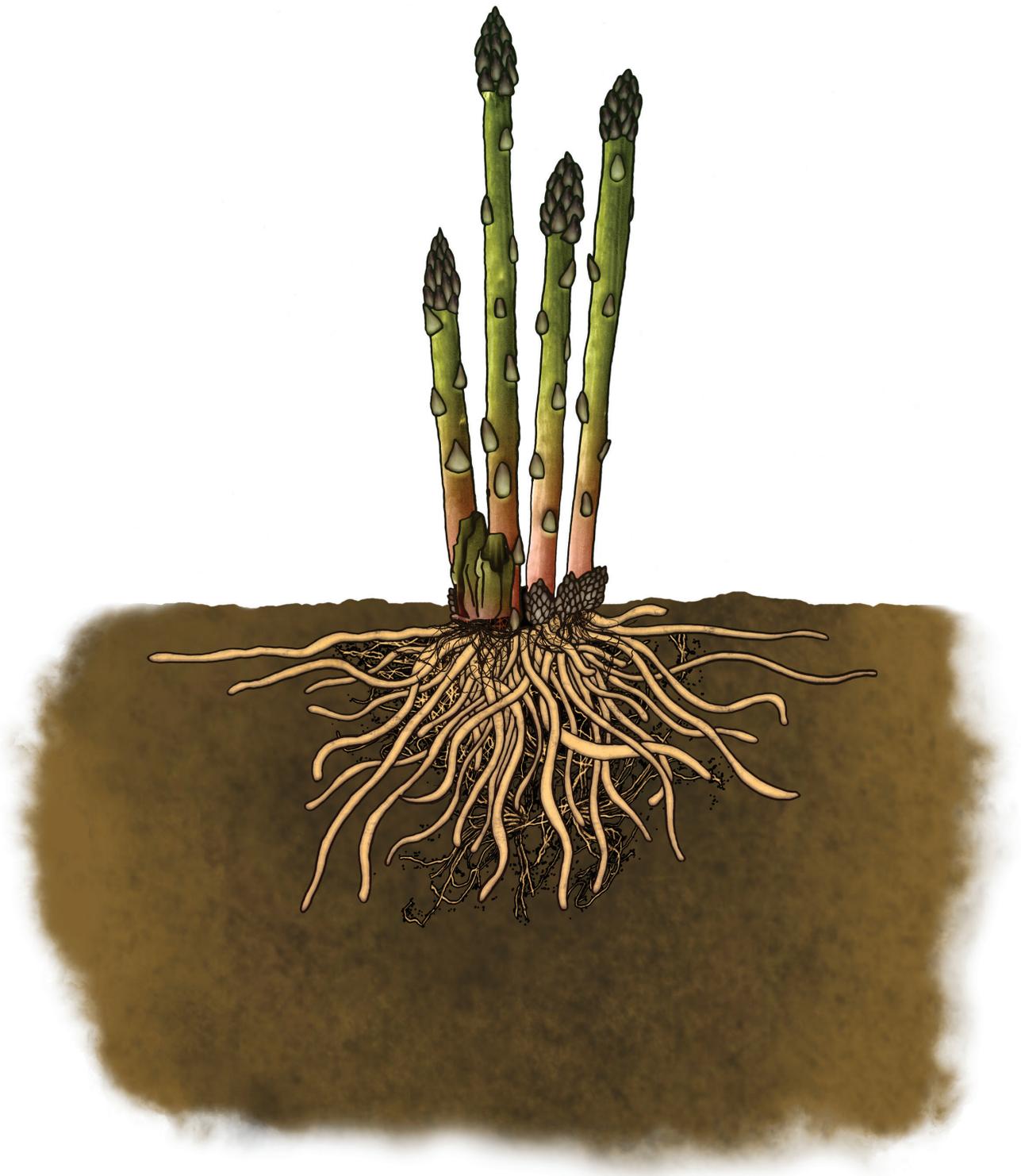
**Espárragos**

VIETNAMESE

**Măng Tây**

Look at this asparagus! Let's clap out the word: a-spar-a-gus. It's fun to say! Who has tried asparagus? What did it taste like? We can eat asparagus raw and cooked. It's best to eat very soon after it's picked! We harvest and eat asparagus in the spring. We can cook asparagus in the oven. We can also boil it, or cook it on a barbeque. Asparagus cooks very fast. It is fun to eat!

# How does ASPARAGUS grow?



# How does ASPARAGUS grow?

Asparagus grows from seeds, and needs water and sunlight to grow. Asparagus roots grow below the ground, but we do not eat the roots. The parts we eat are called asparagus “spears.” Asparagus spears grow above the ground. When we plant asparagus, on the first year we don’t eat asparagus. On the second year, we don’t eat asparagus. But, when the asparagus plant is three years old, it’s time to eat! We cut or snap (mime cutting and snapping) asparagus from the ground, and bring it home to eat. Yum!

What other vegetables grow above the ground?

**SAME BUT DIFFERENT  
ASPARAGUS**



**Purple Asparagus**



**White Asparagus**



**Green Asparagus**

Did you know that asparagus comes in many different colors? Most of the time, we see green asparagus, but asparagus can be purple and white, too (point to each color of asparagus as you say the name):

1. Purple Asparagus
2. White Asparagus
3. Green Asparagus

You can grow different colored asparagus in your garden. Farmers can grow different colored asparagus on their farms, too.

How are the asparagus the same?

How are the asparagus different?

Which are the green asparagus?

Which are the purple asparagus?

Which are the white asparagus?





**Purple Asparagus**





**White Asparagus**





**Green Asparagus**