

Family Recipe

BEAN AND CORN SALAD

Makes about 6 cups (6-12 servings): Based on recipe provided by Truitt Bros. Creative Culinary Consultants

INGREDIENTS

- 1 can black beans (12 oz.), drained and rinsed (approx. 1 $\frac{3}{4}$ cup)
- $\frac{1}{2}$ bag 12 oz. frozen corn (approx. 1 $\frac{2}{3}$ cup)
- 1 red bell pepper, chopped (approx. $\frac{2}{3}$ cup)
- 1 large fresh tomato, diced (approx. $\frac{2}{3}$ cup)
- 1 Tbsp. lemon juice
- $\frac{1}{2}$ bunch fresh cilantro, chopped (approx. $\frac{1}{2}$ cup)
- 1 Tbsp. garlic, minced
- 2 Tbsp. olive oil
- 1 tsp. salt
- $\frac{1}{2}$ tsp. ground black pepper

DIRECTIONS

Combine all ingredients in a large bowl and toss.

